



# Lab Setup

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# Laptop requirements for Winter School 2026

Most sessions will use a VM image to run the examples and exercises. These require a fair amount of resources (memory, storage, CPU).

So laptop should have at least:

- **16GB RAM**,
- **4 cores** and
- **over 100GB** of free storage space.

**Virtualization technology** (commonly referred to as **Intel VT-x** or **AMD-V**) must be **enabled in the system BIOS settings**. This may require intervention of your IT department to enable them.

# Software requirements

These are some general requirements:

- Virtual Machine with Kali Linux (<https://www.kali.org/get-kali/#kali-installer-images>):
  - 4–8 GB RAM
  - 2 or more CPU cores
  - 40 GB or more disk space (with dynamic allocation)
  - 3D acceleration enabled
- Host or Virtual machine:
  - Ollama - <https://ollama.com/download>
  - Python - <https://www.python.org/downloads/>
  - curl - <https://curl.se/download.html>
  - Garak - <https://docs.garak.ai/garak/llm-scanning-basics/setting-up/installing-garak>

# Handling models

Download some small LLMs (llama2, llama3 and mistral) with ollama (each model is about 4-5GB large):

```
ollama pull llama2
ollama pull mistral
# optional if you don't have storage space
ollama pull llama3
```

Check if the models are there by typing

```
ollama list
```

Run a model with:

```
ollama run llama2 "<Some text>"
ollama run llama2 "What is a pastel de Belém?"
```

# Virtual Machines

On ARM: UTM <https://mac.getutm.app>

On x86: <https://www.virtualbox.org>

 VirtualBox

[Home](#) [Download](#) [Documentation](#) [Community](#) 

## Powerful open source virtualization

For personal and enterprise use

VirtualBox is a general-purpose full virtualization software for x86\_64 hardware (with version 7.1 additionally for macOS/Arm and with version 7.2 also for Windows/Arm), targeted at laptop, desktop, server and embedded use.

### Get Started

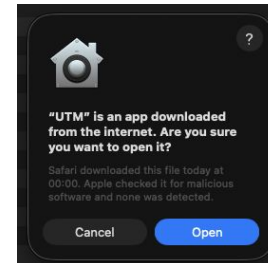
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Download VirtualBox binaries and platform packages

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# Troubleshooting

## Troubleshooting:

- In Windows, VirtualBox does not start, complaining about mismatched signatures.
  - VirtualBox requires that HyperV is disabled. If it's not, it can give some unrelated or “strange” errors.
  - To find whether Hyper-V is enabled, run in CMD:  
`systeminfo | findstr /i "hyper"`
  - If it shows that Hyper-V / WSL is active, you need to disable it and reboot the system. To do this, run in CMD:  
`bcdedit /set hypervisorlaunchtype off`

Reboot the system.

# Feedback survey

<https://admin.cybersecpro-project.eu/evalsurvey/viewpublicsurvey/id/63>

